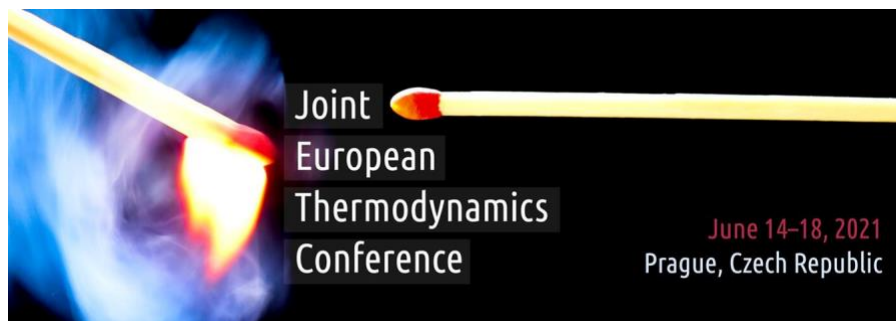


How to make a video?



Duration: up to **15 minutes**

Maximum file size: **200 MB**

Format: preferably **.mp4**

Why a video? Because you can expose more details of your research than in the pdf or jpg of your poster. The video does not substitute your presence during the online poster session, it is just an extra possibility for you.

How to record a screen-cast?

We recommend to record your slides and voice as if you were giving an online talk.

Many different widely available software tools exist, e.g.:

- Zoom (Windows, Mac, Linux): Start a meeting where you are the only participant. Share the window (or the whole screen) that contains your presentation. Click on the Record button. After you leave the meeting, zoom will save the video in the .mp4 format to your computer.
- MS PowerPoint (Windows, Mac): Instructions [here](#).

Optional: Edit errors or long pauses?

Examples of available software:

- Photos (Windows): Trim videos or to combine different videos into a single one.
- Quick Time or iMovie (Mac): Quick Time (simple trimming) or iMovie (more powerful).
- Kdenlive (Linux and Windows): A powerful open-source tool.